



YOUTH 7v7 SOCCER RULES & REGULATIONS 2014

All rules & interpretations will be covered under National High School Federation with the following emphasis and exceptions listed below. The Athletic Supervisor set the rules and reserves the right to interpret the rules in the best interest of the Salina Parks & Recreation's Youth Soccer League.

1. **PURPOSE OF THE YOUTH SOCCER LEAGUES:** To provide an equal opportunity for youth, of any skill level, who wish to play soccer under proper supervision. The program stresses sportsmanship and character development. Soccer skills are to be developed while maintaining an appreciation for clean, friendly competition and a true spirit of cooperation between coaches, players, parents/spectators and league officials. Fun and enjoyment, rather than winning being the focus for this league.
2. **INDIVIDUAL REGISTRATION:** All players who are legal residents of the City of Salina or Saline County will register individually through the Parks & Recreation Department by filling out and returning a registration form to the office by the designated deadline.
3. **ROSTERS:** Players will attend a skill assessment to aid drafting teams as equal as possible based on skill level, grade, gender, etc.
 - a) **Team Placements:** Coaches children will be guaranteed placement. No other requests are guaranteed.
 - b) **Player Restrictions:** All players are bound by rosters. No player may play on more than one (1) SPR team during the same season. No player will be allowed to return to a team once his name has been removed from the roster. (A season begins with the first game in which a person plays).
 - c) **Minimum/Maximum Players:** Teams must carry a minimum 7 and maximum 11 players on the roster.
 - d) **Transferring Players:** Transfers from one team to another in the same league will not be permitted.
 - e) **Ineligible Players:** Any team playing a player who is ineligible in any way will forfeit all games in which that player participated and the player will be ineligible for the remainder of the season.
 - f) **False Information:** Coaches/players guilty of recording false information on rosters will be suspended for the season.
4. **GAME SCHEDULES:** Once a game is scheduled, it will be played according to the date, time and place listed. No postponements or changes in the schedule will be allowed unless made by the Athletic Supervisor due to facility availability or inclement weather.
5. **EQUIPMENT:**
 - a) **Uniforms:** Shirts uniformly lettered and all of the same color, will be considered an official uniform.
 - b) **Jewelry:** Exposed jewelry (necklaces, watches, bracelets, earrings, etc), must be removed and may not be worn during the game. Medical alert or religious medals are not considered jewelry and must be taped.
 - c) **Shoes:** Shoes must be worn. Shoes with metal cleats and/or toe cleats are not allowed.
 - d) **Shin Guards:** Shin guards are required.
 - e) **Soccer Balls:** Salina Parks and Recreation will provide all practice & game balls, #5.
 - f) **Field:** The dimensions of the field will be approximately 70 yards long and approximately 50 yards wide. Goalie boxes will be 12 x 12 yards. Center circle will be approximately 7 yards in diameter.

6. GAME TIME:

- a) **Minimum Players:** Teams failing to field (5) five players at the scheduled starting time will forfeit. If a team has at least seven (5) players present at game time, the game must be started on schedule. Under no circumstances, shall a team forfeit a game for failing to finish the game with the same number of players they started with.
- b) **Forfeited Games:** The time reserved for forfeited games belongs to those who showed. They may use the field for practice or for a "pick up" game. If requested, officials shall work such a game and shall call the game 10 minutes before the starting time of the following game.
- c) **Rain-out Games:** Rain-out games will be rescheduled as fields and schedules permit.
- d) **Regulation Games:** Games that are not considered regulation or regulation tie games shall be replayed from the beginning.

7. GAME LENGTH:

- a) **Time:** The game will consist of two (2) twenty-minute halves.
- b) **Ties:** Games may end in a tie.

8. **PRE-GAME WARM-UPS:** Teams must be ready to play at game time. Warm-up time shall be granted if time allows and by the official's discretion. No warm ups in the goalie boxes.

9. **GAME OFFICIALS:** There shall be two officials assigned to each game. Teams are encouraged to play fair and to abide by the rules. Officials may ask for assistance on out of bounds calls if working solo.

10. PLAYING RULES:

- a) **7 v. 7:** Teams will play 7 v. 7 unless coaches agree to modify due to numbers (i.e. 6 v 6, 8 v 8, etc.)
- b) **Tackles:** No slide tackles are allowed.
- c) **Goalies:** Goalies will not kick the ball past midline.
- d) **Penalty, Goal and Cornerkicks:** Goal kicks will be taken from anywhere on the touch line inside the penalty area. High School Rules will apply for penalty and corner kicks.
- e) **Offsides:** Due to the fact that the playing field has been reduced in size and the number of players on the field at one time has been reduced per team, there will be no offside penalty.
- f) **Substitutions:** An unlimited number of substitutions may be made at any time dead ball during the game.
- g) **Playing time:** Coaches must make the attempt to ensure all youth play at least half of the game.
- h) **Coed Rule:** A minus 1 rule will be used for females (i.e. if both teams have 3 females who are present at the game, at least 2 from each team must be on the field at all times. If 2 females who show, at least 1 must be on the field at all times, etc.)

11. **PROTESTS:** Protests must be submitted to Recreation office no later than 24 hours after alleged violation (except Saturday games, which must be submitted Monday). Protests must be in writing and accompanied by a \$25.00 protest fee that will be returned if the protest is upheld, but forfeited if not allowed. The head referee must be notified sometime during play, the rest of the game is being played under protest. Eligibility protests may be filed any time up to 24 hours after completion of the final league game. No protest will be allowed on judgment calls.

12. **GRIEVANCES:** All protests, grievances, rule interpretations and issues must be submitted in writing to the Athletic Supervisor (Judgment calls are not to be construed as a rule interpretation). Judgment calls during a game or any action of disciplinary nature taken by an official will be supported by the Athletic Supervisor.

13. COACHES & MANAGERS:

- a) **Background Check:** All coaches must submit and pass a background check before being allowed to coach any Salina Parks & Recreation youth athletic team. **This includes, but not limited to: routinely being present in the dugout and on the field during practices and/or games.**
- b) **Maximum:** Each team is allowed a maximum of 4 coaches during games.

- 14. CONDUCT:** All players, coaches, managers, spectators and staff are expected to display good sportsmanship and conduct at all times. (See attached code of ethics for coaches & code of conduct for parents / spectators) Examples of unsportsmanlike conduct include, but not limited to:
- Use of profane language directed towards any staff member, official, player and/or spectator
 - Arguing, bickering, heckling or excessive display of emotion towards an official or staff;
 - Making unnecessary gestures toward game participants, officials or spectators;
 - Throwing equipment; resorting to unnecessary roughness on the playing field.
 - Full-backing and crash plays, which also results in the runner's ejection from the game.
- 15. Salina Parks & Recreation Disciplinary Procedures:** Coach, Player or Spectator
- Ejections:** Depending on the severity, staff or the umpire have the right to issue a warning or ejection.
 - Once a coach, adult player or spectator has been ejected from the game, he or she has 2 minutes to leave the facility (**sight and sound**) or the police will be called. Failure to comply will result in the game being declared a forfeit.
 - Once a youth player has been ejected from the game, he shall be restricted to the bench with coach supervision or released to a parent/guardian.
 - 1st Ejection:** Results in a one (1) week suspension from the date of the incident from playing or coaching any SPRD sponsored team, league or tournament in which the individual is a member (adult and/youth). The suspension can carry over into the 1st week of the following playing session/season.
 - 2nd Ejection:** Results in a two (2) week suspension from the date of the incident from playing or coaching any SPRD sponsored team, league or tournament in which the individual is a member (adult and/or youth). In addition, the individual may not spectate at such facility/event during the suspension. The suspension can carry over into the first two weeks of the following playing session/season. The individual will be required to meet with SPRD disciplinary review committee prior to reinstatement.
 - 3rd Ejection:** Results in a one (1) year suspension from the date of the incident from playing or coaching any SPRD sponsored team, league, tournament and/or event (adult and/or youth). In addition, the individual may not spectate at such facility/event during the suspension. The individual will be required to meet a SPRD disciplinary review committee prior to reinstatement.
 - Depending on the severity of the offense(s), individuals may be subject to additional sanctions and/or permanently banned from any and all Recreation Department activities.
- 16. BANNED SUBSTANCES:** Smoking or the use of tobacco products are prohibited in the fields, sidelines, bleachers or immediate vicinity of the playing area. Consumption of alcohol at any recreational youth soccer activity (game, practice or team function) is strictly prohibited.
- 17. LAW VIOLATIONS:** Violations of any law (battery, assaulting an umpire or SP&R representative, possession of illegal substances including consumption of alcohol by minors, disorderly conduct, damage to property, etc.) by players, coaches, managers, or spectators during practices, league games and/or tournaments will result in immediate removal from the facility and will be prosecuted to the fullest extent through all legal channels.
- 18. Inclement Weather:** Any games postponed or canceled due to inclement weather will be **received by text/e-mail by subscribing to RecZone at www.salina-ks.gov/parksandrecreation**. Coaches, players, spectators and staff shall follow weather policies/procedures established by the Salina Parks & Recreation.
- 19. FIFA League Standings & Tie-Breaker Procedure:** The procedure for determining league standings are: Wins – 3 points, Ties – 1 point, Losses – 0 points. If teams are still tied after points:
- Head-to-head league games
 - Total wins in league games
 - Goal difference in league games

COACHES CODE OF ETHICS

I hereby pledge to live up to my certification as a NYSCA Coach by following the NYSCA Coaches' Code of Ethics:

- ◆ I will place the emotional and physical well being of my players ahead of a personal desire to win.
- ◆ I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- ◆ I will do my best to provide a safe playing situation for my players.
- ◆ I will promise to review and practice basic first aid principles needed to treat injuries of my players.
- ◆ I will do my best to organize practices that are fun and challenging for all my players.
- ◆ I will lead by example in demonstrating fair play and sportsmanship to all my players.
- ◆ I will provide a sports environment for my team that is free of drugs, tobacco and alcohol, and I will refrain from their use at all youth sports events.
- ◆ I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- ◆ I will use those coaching techniques appropriate for all of the skills that I teach.
- ◆ I will remember that I am a youth sports coach, and that the game is for children and not adults.

PARENT/SPECTATOR CODE OF CONDUCT

Introduction: The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character.”

I therefore agree:

- ◆ I will not force my child to participate in sports.
- ◆ I will remember that children participate to have fun and that the game is for youth, not adults.
- ◆ I will inform my coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- ◆ I will learn the rules of the game and the policies of the league.
- ◆ I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice, or other sporting event.
- ◆ I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent, such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- ◆ I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- ◆ I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- ◆ I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- ◆ I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- ◆ I will praise my child for competing fairly and trying hard and make my child feel like a winner every time he/she participates.
- ◆ I will never ridicule or yell at my child or other participant for making a mistake or losing in a competition.
- ◆ I will emphasize the importance of skill development and regular practice with younger players, and how they will benefit my child more than an emphasis on winning and competition.
- ◆ I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- ◆ I will respect the officials and their authority during games and will never question, discuss or confront coaches at the game field. Instead, I will take time to speak with coaches at an agreed upon time and place.
- ◆ I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events.
- ◆ I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

-Adapted from National Youth Sports Safety Foundation 3/26/02